

# 8 Simple Steps...

## STEP ONE

Check out the menu. Once you and your student(s) select his / her choices for ordering, log onto <http://thedomesticateddad.net/early-bird>.

## STEP TWO

If it's your first time ordering this school year, create your account! If you have an account, go to the special link we sent you and enter your log-in information and see STEP SIX.

NOTE: If you misplaced your log-in information, email [thedomesticateddad@gmail.com](mailto:thedomesticateddad@gmail.com) and we can send you your username and steps to reset your password.

## STEP THREE

For first time users, follow the prompts, including the time you need your delivery by, the name / grade / birthdate of everyone you would like to register in the system.

## STEP FOUR

If you'd like to save \$\$\$ and pre-order a package, you can do so during your account creation. Don't worry, you can always pre-load your account later, too!

## STEP FIVE

Don't forget to hit SUBMIT. You will receive an email back with important account information. This will include your special link to order, your username, and your temporary password.

## STEP SIX

Use the ordering link to log-in to your Early Bird School Lunch Account – woohoo!!

## STEP SEVEN

Once you log in, any important notices will be on the homepage of your account! The system is very intuitive, but if you need assistance there are tutorials located on the left side of the homepage.

NOTE: We create your account based on the info you provided in STEPS ONE – FIVE. You do not need to add your students, unless there is a household member not already added. If you pre-ordered a package, the student will be listed as "FREE" until the package is fully utilized. You will receive an email when you are reaching the end of your package.

## STEP EIGHT

Use the ordering calendar and shopping cart to complete your order. Enjoy having one less thing to do in the morning instead of scrambling to get those lunches together!!

## Did You Know You Can Pre-Order Lunches for School Delivered Direct to Your Door?

The days of waking up and worrying about what to make for lunch are over! And you don't have to spend a boat load to have good, fresh food delivered direct to your door in the wee hours of the morning {before the sun comes up!!}.

In addition to our regular take-out and delivery business, we deliver brown bag lunches for students and families direct to your door between 4 and 6am before the kiddos go to school!! Pre-Order online for early bird delivery service and save \$\$\$!! We offer fresh made, delicious choices for lunch every day for \$5.95 per lunch. If you pre-order a package, you can save \$\$\$, and get lunches for as low as \$4.10 each!! Every brown bag school lunch comes with a homemade snack and a drink!!

Just place your order by midnight on Saturday night for the following week, and you can count on The Domesticated Dad to provide a simple, homemade, killer delicious lunch delivered to your door fresh daily! To begin your **online school lunch ordering**, visit our website or give us a call!!!

*The Domesticated Dad Catering Company was founded by Michael and Jennifer Young {and their 2 kiddos who inspired the idea}. Mike is a cook {doesn't like the term 'chef'}, a killer griller + butcher, and a food business veteran since 1993. Jenn loves writing and coffee and yarn and people and all things kraft brown.*

## The Domesticated Dad Catering Co.

Brown Bag Breakfast + Lunch  
Take-Out + Delivery Service

EARLY BIRD  
{SCHOOL LUNCH}  
OCTOBER 2017 MENU



66 Monmouth Road  
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<http://thedomesticateddad.net>  
[thedomesticateddad@gmail.com](mailto:thedomesticateddad@gmail.com)

ORDER EARLY BIRD  
SCHOOL LUNCHES ONLINE:  
<http://thedomesticateddad.net/early-bird>

## Early Bird Brown Bag School Lunch Sandwiches

**\$5.95 Per Lunch {or Order a Package + SAVE!}  
{Includes 1 Main + 1 Snack + 1 Drink}**

### SOME SIMPLE SCHOOL LUNCH SANDWICHES

Gourmet Chicken Salad  
Albacore White Tuna Salad  
Home Roasted Beef  
Home Roasted Turkey

### SIMPLE LUNCHES THAT ARE OH-SO-YUMMY

Dad's Homemade Chicken Fingers 'n Dippin'  
Sauce ~ Fresh, all-white meat chicken breast,  
hand cut, breaded, 'n cooked up just right!!

Dad's Homemade Chicken Nuggets 'n BBQ ~  
Fresh, all-white meat ground chicken breast  
with cheddar jack 'n bacon, breaded 'n fried up  
just right!!!

Bagel {Plain or Everything} with choice of  
straight up butter, cinnamon sugar butter, or  
straight up cream cheese – yeah buddy!!

Yummy Yogurt Parfait with choice of granola 'n  
berries or chocolate chips 'n raisins!!

### ABOUT OUR LUNCHES

*We do not use 'deli meat'. All of our meats are  
home roasted, sliced thin 'n fresh. Our simple  
school lunch sandwiches come on choice of fresh  
baked kaiser roll or whole grain bread with lettuce.  
Wraps include the ingredients listed. We deliver  
fresh-made school lunches daily. Please leave a  
cooler outside your door for optimal freshness, and  
to ensure the squirrels don't fill their bellies before  
you get to pick it up!! On your first order, please feel  
free to leave a description of your home to make it  
easier when we are looking for it at o'dark thirty!!*

## Early Bird Brown Bag School Lunch Wraps + Salad

**\$5.95 Per Lunch {or Order a Package + SAVE!}  
{Includes 1 Main + 1 Snack + 1 Drink}**

### SOME REAL GOOD SCHOOL LUNCH WRAPS

The Fall in Love with our grilled chicken,  
apples, pears, 'n fresh goat cheese

Going Back to Cali with avocado, lettuce,  
tomato, 'n bacon

Garden Veggie Wrap with fresh, seasonal  
garden veggies

### SUPER SCHOOL LUNCH SALAD

Amped Up Chicken Caesar Salad with grilled  
chicken, romaine lettuce, dad's homemade  
creamy dressin', 'n pure corn tortilla chips

Fall in Love Salad with grilled chicken, spring  
mix, apples, pears, goat cheese, 'n homemade  
vinaigrette on the side

### TERRIFIC TUESDAYS 'N FRIDAYS {SPECIALS AVAILABLE ONLY ON TUES 'N FRI}

The Gobbler Wrap with home roasted turkey,  
dad's cranberry chutney, lettuce, 'n bacon

Dad's Quesadillas with grilled chicken 'n  
cheese grilled up nice

The Spicy Bird with grilled chicken, chipotle,  
dad's basil sauce, lettuce, 'n avocado



## Choose Your Snack 'n Drink {Early Bird} Delivery Style

**{Included with All Brown Bag Lunches}**

### SNACK OPTIONS ~

Choice of:  
Homemade Tortilla Chips  
Fresh Baked Chocolate Chipper  
Homemade Fudgy Brownie  
Fresh Seasonal Fruit  
Fresh Cut Veggies

### REFRESHING DRINK ~

Poland Spring Water  
Apple Juice

32 oz. Jug to Fill the Thermos, Choice of  
Homemade Lemonade or Fresh Berry  
Infused Iced Tea {\$10 for the Jug, \$5 Refills}

### ADD-ON OPTIONS ~

Extra Snack \$1.00  
Yummy Yogurt Parfait \$3.95  
Big Ole Fruit Cup \$3.95

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## Let's Do This!!

- 1) Stop on in and we'll set you up ~ we'd love to see you at 66 Monmouth Rd. {in Oakhurst}
- 2) Give us a call and we can help you out ~ 732.222.4074
- 3) Drop us a line via email at [thedomesticateddad@gmail.com](mailto:thedomesticateddad@gmail.com)
- 4) Begin the ordering process online at <http://thedomesticateddad.net/early-bird>
- 5) Send us a smoke signal {just kidding}